Hello and welcome to the March 2019 edition of Dental Health Services Library Newsletter.

As the early mornings and evenings are beginning to change and we see signs of cooler weather coming our way, take time to slow down, relax and read a book or two; with Easter and a few days off just around the corner, the perfect opportunity presents itself to unwind a little (or a lot!).

The process of updating our collection is ongoing and constant….our dental information is thorough, thus always much in demand from employees and students alike; our other categories are also well-stocked and enlightening for borrowers.

Please take the time to see for yourself just how much the library is able assist you in your day-to-day travels, as well as your career. We are just a click, email or phone call away, always eager to help.

Please also check out the list of podcasts listed on page 6, renewed and loaded onto the (Online Library) website each month – topics are intentionally varied, so there’s something for everyone.

Hoping one and all have an enjoyable month ahead and the Easter Bunny is generous without being over-extravagant with you!

Cheers

Heather
A/Library Administration Officer
What’s new for you to enjoy?  
(you may borrow 4 items for 4 weeks)

<table>
<thead>
<tr>
<th>Title and Author</th>
<th>Call number and Barcode</th>
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<tbody>
<tr>
<td><strong>Breaking point: the future of Australian cities / Seamer, Peter.</strong></td>
<td>HM 066 401004801</td>
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<td><strong>The other side of happiness: embracing a more fearless approach to living / Bastian, Brock.</strong></td>
<td>BF 637 401004810</td>
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<td><strong>Root caries: from prevalence to therapy / Carrilho; MRO. Edited by Lussi, A; Buzalaf, MAR.</strong></td>
<td>WU 270 401004788</td>
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<tr>
<td><strong>Open your mouth! How the right conversation with your dentist can change your life / Yaste, Christian; Hufanda, J.</strong></td>
<td>W 062 401004809</td>
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<tr>
<td><strong>Measuring health from the inside; nutrition, metabolism and body composition / Hodges Chaffey, Carolyn; Kahm, Annika.</strong></td>
<td>QU 145 401004808</td>
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<td><strong>The sociology of health, illness, and health care / Weitz, Rose.</strong></td>
<td>HM 066 401004806</td>
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<tr>
<td><strong>Research methods in health; foundations for evidence-based practice / Liamputtong, Pranee (editor).</strong></td>
<td>WA 950 401004807</td>
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<tr>
<td><strong>Management of deep carious lesions / Schwendicke, Falk (editor).</strong></td>
<td>WU 300 401004826</td>
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<td><strong>Have no fear of the dental chair! A guide for reducing dental fear / Cushing, Susan R.</strong></td>
<td>WU 029 401004818</td>
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<td><strong>The practical application of medical and dental hypnosis / Erickson, Milton H; Hershman, Seymour; Secter, Irving I. Forward by Zeig, Jeffery K.</strong></td>
<td>WO 460 401004816</td>
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Australia's population is growing- it is projected to increase by 11.8 million between 2017 and 2046 - the equivalent of adding a city the size of Canberra every year for the next thirty years. Most of this growth will occur in the major cities, and already its effects are being felt- inner-city property prices are skyrocketing, and the more affordable middle and outer suburbs lack essential services and infrastructure. Looking to the future, the author sets out cogent new strategies to resolve congestion, transport and expenditure problems, offering a blueprint for multi-centred Australian cities that are more localised, urban and equitable.
The other side of happiness: embracing a more fearless approach to living / Bastian, Brock. Penguin. United Kingdom. 2018. 188 pp. BF 637. 401004810

In Western culture, we have become addicted to positivity. We try to eradicate pain through medication and by insulating ourselves and our children from risk, even though we are the safest generation that ever lived. Drawing on psychology, neuroscience and internationally acclaimed findings from the author’s own lab, this text encourages us to take a more fearless approach to living that acknowledges the value of pain in our lives. As Bastian shows us, the most thrilling moments of our lives are usually balanced on a knife edge between pleasure and pain; this is because hardship quite literally increases our capacity for happiness, making us stronger, more resilient and more connected to those around us.

Root caries: from prevalence to therapy / Carrilho; MRO. Edited by Lussi, A; Buzalaf, MAR. Karger. Basel. 2017. 136 pp. WU 270. 401004788

Case reports and clinical trials conducted in various countries show, more and more frequently, a positive correlation between the presence of original teeth and prevalence of root caries in older age. Because this is a global trend, it is likely that the predicted increase in the worldwide elderly population may soon cause a significant increase in the number of people requiring effective means of preventing and treating root surface caries. In response to this development, a team of outstanding contributors has reviewed the most important aspects of root caries. This new volume presents their findings along with discussions of how to deal with this health issue that progressively affects the oral health balance.


No two dental patients are alike, and with enormous strides in the nature of dental practices, technology, and materials, settling for one-size-fits-all dentistry is not necessary today. This text is geared toward members of the Baby Boom generation and their unique dental needs and desires, showing them how to navigate the world of dentistry.

Measuring health from the inside; nutrition, metabolism and body composition / Hodges Chaffey, Carolyn; Kahm, Annika. Friesen Press. Victoria, Canada. 2015. 145 pp. QU 145. 401004808

The ever changing field of eating disorder treatment needs innovative new techniques and approaches. As the number of people with these challenging disorders increases at an alarming rate, treatment has not kept pace. This item is a major step forward in treating patients with eating disorders and explains how two simple measurement techniques-Metabolic Testing and Body Composition Analysis-can help patients make rapid progress in understanding their condition and tracking their progress toward recovery.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
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<th>Year</th>
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<td>The sociology of health, illness, and health care</td>
<td>Weitz, Rose</td>
<td>Cengage. Australia</td>
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<td>challenge you to think creatively and analytically about health and</td>
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<td>health care. You'll gain an understanding of how social forces affect</td>
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<td>who gets ill, how we think about illness, how we get our health care,</td>
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<td>and what it is like to work in the health care field. You will also</td>
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<td>have the chance to explore the ethical dilemmas that underlie modern</td>
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<td>health care as well as the politics behind those dilemmas. Although</td>
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<td>Research methods in health; foundations for evidence-based practice</td>
<td>Llamputtong, Pranee (editor)</td>
<td>Oxford University Press</td>
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<td>research techniques and how they are of value to the health</td>
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<td>professions.</td>
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<td>Management of deep carious lesions</td>
<td>Schwendicke, Falk (editor)</td>
<td>Springer international Publishing</td>
<td>Switzerland</td>
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<td>WU 300 401004826</td>
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<td>This book describes the challenges that deep carious lesions pose</td>
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<td>for dental practitioners, including the risk of endodontic</td>
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<td>complications and the difficulty of restorative treatment, and</td>
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<td>identifies options for overcoming these challenges on the basis of</td>
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<td>the best available evidence.</td>
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<td>&quot;road map&quot; to answer questions you have about dental anxiety. The</td>
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<td>goal is to help explain the essence of the fear that you, your</td>
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<td>friends and/or your loved ones may have regarding dental anxiety and</td>
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<td>to empower you to be proactive and ask specific questions of your</td>
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<td>dentist and other dental professionals.</td>
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<td>The practical application of medical and dental hypnosis</td>
<td>Erickson, Milton H; Hershman, Seymour; Sector,</td>
<td>Brunner/Mazel Inc. New York</td>
<td>2010</td>
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<td>WO 460 401004816</td>
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<td>numbers of physicians, dentists, and psychologists interested in</td>
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<td>hypnosis, both therapeutic and investigative.</td>
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<td>&quot;This book is compiled from the tape recordings of dozens of seminars,</td>
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<td>and thus it contains the material as it was presented, with all the</td>
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<td>simplicity, directness, and effectiveness of the classroom</td>
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<td>presentation.</td>
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**Dental Trauma Guide** access instructions:

- [Image of DHS Services]
  - Support (Internet, email, I.T. etc)
  - Supply Catalogue
  - EMPAC (maintenance requests)
  - Online Library
  - Internal Phone Search
  - State-Wide Clinic Contact Details
  - DHS Wiki
  - Acronym Dictionary
  - Equipment Manuals
  - DHS Forms
  - Cost Centres
  - OSHH Representatives Directory

- [Image of Government of Western Australia page]
  - [Image of Dental Health Services Library]
    - Welcome to your Dental Health Services Library Guide
    - E-Books
      - [Image of Dental Trauma Guide]

Unfortunately, our collection of Kindles is unable to be borrowed for the foreseeable future.

PODcasts/VODcasts

Look under Books and A/V Resources

Click on the item
Download audio
You are ready to listen!

<table>
<thead>
<tr>
<th>Title</th>
<th>Guests</th>
<th>Cover</th>
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<tbody>
<tr>
<td>Backlash against NT laws on when youth detention staff can use force</td>
<td>Russell Goldflam</td>
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<td>Stopping the march of the cane toad</td>
<td>Lee Scott-Virtue</td>
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<td>New joint council with Indigenous groups a major step forward for Closing the Gap</td>
<td>Pat Turner</td>
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<td>NRA targets Australia in its international mission to defend guns</td>
<td>Robert Spitzer</td>
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<td>Concrete’s destructive power</td>
<td>Jonathan Watts</td>
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<td>Why time speeds up as you age</td>
<td>Adrian Bajan</td>
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A selection of library e-Books available via our DHS Online Library site

(instructions for access on following page)

- Cleft lip and palate treatment: a comprehensive guide
- Craniofacial disorders orofacial features and peculiarities in dental treatment
- Glossary of dental Implantology
- Waxing for dental students
- Journal of Prosthodontics on complete and removable dentures
- Journal of Prosthodontics on complex restorations
- Dental Morphology for Anthropology: an illustrated manual
- Essentials of human disease in dentistry
- Restoring with flowables
- Biocompatibility of dental biomaterials
- Diagnostic imaging: oral and maxillofacial e-Book
- Pharmacology and Therapeutics for Dentistry
- Pediatric Dentistry
- Antibiotics and Antiseptics in Periodontal Therapy
- Topics in Dental Biochemistry
- Orthodontics
- Clinical Outline of Oral Pathology
- Integrated Clinical Orthodontics
- Implants in Clinical Dentistry
- Implant Dentistry at a Glance
- Fluoride and the Oral Environment
- Improving Access to Oral Health Care for Vulnerable and Underserved Populations
- Clinical Textbook of Dental Hygiene and Therapy
- Atlas of Oral Implantology
- Problem Solving in Endodontics
- Treatment of Periodontal Disease
- Orthodontics
- How to Succeed at eLearning
- Behavior Management in Dentistry for Children
- Behavioral Dentistry
- Basic Guide to Medical Emergencies in the Dental Practice
- Clinician’s Guide to the Diagnosis and Management of Tooth Sensitivity
- Dental Nursing
- Bell’s Oral and Facial Pain
- Clinician’s Guide to the Diagnosis and Management of Tooth Sensitivity
- Mineralized Tissues in Oral and Craniofacial Science: Biological Principles and Clinical Correlates
- Endodontic Pain: Diagnosis, Causes, Prevention and Treatment
- Dental Fear and Anxiety in Pediatric Patients: Practical Strategies to help children cope
- Basic Guide to Oral and Maxillofacial Surgery
- Clinical Oral Anatomy: A Comprehensive Review for Dental Practitioners and Researchers
- Diagnosing Dental and Orofacial Pain: A Clinical Manual
- Dental Public Health: A Primer
- Avoiding and Treating Dental Complications: Best Practices in Dentistry
- Craniofacial and Dental Developmental Defects: Diagnosis and Management
- The Dental Pulp: Biology, Pathology, and Regenerative Therapies

**e-Books are available through our website**

An “eBook” or “electronic book” is a digital version of a book. It can be downloaded to a computer, desktop, laptop or Tablet PC or in some cases, to a PDA device. Different readers may be required depending on the e-book format.
How to access an eBook when off-site.

To download a book title; firstly enter website via: https://dohlibrary.health.wa.gov.au/dental, then select:

**Books and AV Resources**

Select E-Books from the dropdown box - our list of e-books will be displayed.

View the list and select your title. i.e. The Fearful Dental Patient.

The e-book cover will be displayed (contd. next page).
Click the title under the Table of Contents i.e. The Fearful Dental Patient.

The e-book’s first page will be displayed

Use the forward and back arrows or the side slide to turn your page or jump pages. (contd. next page)
Your page will be displayed:

Using the side menu you can print, save or even email pages.
Now available in the Library:

Guillotine (in-house use only)

Spiral Binder (in-house use only)

Projector; Projector screen; Bluetooth speaker; DVD external hard drive (available to borrow)

Intra-Oral photographic mirrors (available to borrow)

Intraoral Mirrors are titanium plated, front surface glass mirrors. Front surface coating ensures that there are no double or "ghost images". Rear surface mirrors give you a reflected image as well as a "ghost image" reflected off the glass. The mirrors reflect the light from the flash to fully illuminate the field being photographed.

The Library book-swap and DVD exchange

Why not try our book-swap service situated in the library. Clean out all those items at work/home taking up space and collecting dust…. send or bring them into us! Next time you pass by the Library have a look at what might catch your eye to swap.

YES.....IT'S YOURS TO BROWSE, MAKE A SELECTION OR SWAP FOR SOMETHING MORE TO YOUR LIKING!
Library cards (no longer distributed):

As part of the electronic library upgrade the library will no longer produce library cards.
If you have not registered for the library and would like to, complete the form below and email to us.
Alternatively, if you have registered for the library and do not know your borrowing number contact the library and this will be emailed to you.

Below is the New Borrowers Registration Form, also available on the DHS Website.
Librarian’s choice


As a journalist, Leigh Sales often encounters people experiencing the worst moments of their lives in the full glare of the media. But one particular string of bad news stories - and a terrifying brush with her own mortality - sent her looking for answers about how vulnerable each of us is to a life-changing event. What are our chances of actually experiencing one? What do we fear most and why? And when the worst does happen, what comes next? In this wise and layered book, Leigh talks intimately with people who’ve faced the unimaginable, from terrorism to natural disaster to simply being in the wrong place at the wrong time.

Library feedback

Do you have a suggestion for library purchases or any other information that would benefit the service to all library users?

Email us on library@dental.health.wa.gov.au

We would really appreciate your input into your library.
**How can I access the Library electronically at work?**

- Open the DHS home page
- Select Library online
- Enter your **he number and password**
- The Library guide will open
- From the blue menu make your selection

**How can I access the Library electronically at home?**


- Save this link to your favourites for future use
- Enter your **he number and password**
- The Library guide will open
- From the blue menu make your selection

**How can I borrow a book?**

1) Email the Library *library@dental.health.wa.gov.au* with your:

- **1)** **Name:** Julie Jones-Smith
- **2)** **Borrower’s card number:** i.e. 101000020
  (Forgotten this number? Email the library)
- **3)** **The item’s barcode:** i.e. 601000355

**Barcodes** for all items can be located:

  a) Bottom right hand corner of a book,
“How can I borrow a Book” continued....

b) Inside cover of the CD or DVD e.g. 601000355

c) Or using the Online Library catalogue:

Online Library Guide, textbook/audiovisual catalogue titles

- Scroll down to Select your catalogue
- Select the PDF catalogue you wish to open
- Select your title
- Copy this information into an email
Audio Visual Resources

This link will include all the library audio visual resources and a short review of each, available in the one document.

It is available in the Library online website -> Books and A/V resources ->

The pamphlet is available in a PDF format to either view online or print.

To loan simply email the library with your borrowers number and the barcode of the audio visual item you wish to loan.

DVD disc collection

**DVD 1 Waterlase Dentistry patient DVD:** Transform the dental experience: Waterlase. 2006. running time 4 mins 30 seconds. 601000100.

Your patient should know how much you have invested in their comfort and treatment with your Waterlase. And they will, with this DVD.

**DVD 2 The Secret:** Byrne, Rhonda. 2006. running time 91 mins. 601000096.

In this book/DVD all the pieces of The Secret will come together. You’ll begin to understand the hidden, untapped power that’s within you. By applying the knowledge of The Secret you will be able to overcome obstacles and achieve what many would regard as impossible.

**DVD 3 Malamed’s local anaesthesia administration:** Malamed, Stanley F. 2006. running time 91 mins. 601000102.

An easy and time-saving way to stay up to date on the latest in local anaesthesia. High quality videos clips and animations on how to use each anesthetic agent. Demonstration of every possible kind of injection you would use in the clinical setting - a 'first' in the field.

The resource will be sent to you by return mail including return postage instructions and packaging.
MIMS, Therapeutic Guidelines and Australian Medicines Handbook and the Australian Schedule of Dental Services and Glossary

The paper format of MIMS is no longer available to staff. However the online version is available via the Library online under Drug Information. Also available are the Therapeutic Guidelines and the Australian Medicines handbook.

Under Mobile Resources, you can also purchase MIMS for your smartphone from MIMS.

Want an even faster Drug Reference access point without having to access the Library site?
Mobile access

What is a mobile site?
A mobile (web) site has been optimised for viewing by a mobile device. It usually has a "stripped down" appearance to make it quicker to download and easier to view on a smaller screen. Mobile sites can be accessed from any mobile web browser regardless of the type of device.

What is a mobile resource?
A mobile resource is any resource such as a journal database or point-of-care tool that can be accessed by a mobile device. The resource may or may not have been optimised for viewing on your mobile platform as it may be device or operating system dependent - for example, a resource may be available only as an iPhone app.

This guide is designed to provide an introduction to WA DoH library content, resources and applications that can be accessed using mobile devices such as PDAs, Palm Pilots, Blackberrys and iPads/iPhones. For the most part, mobile devices that support web browsing can be used to access online library resources, however some have special features that make viewing easier on a portable device.

Important notes:
For technical information and support for your mobile device please consult your manual. Mobile access is not free access. While some products include mobile access as part of the Library's ongoing subscription, some products such as MIMS, will require additional individual expense to enable mobile access.
All internet-enabled devices can access the library pages and resources, but not all resources are optimised for viewing on a mobile device and some of the features may not be available via your mobile device.
Some resource links will send you directly to a specially developed mobile site, while others will send you to applications to download.
Subscription resources often require that you first register yourself and/or your device.

Remember you can also purchase MIMS for your smart phone.

Need help with anything in the Library?

Contact us. We are here happy to help!
Want to know something about our electronic library and are too scared to ask?

Want to be part of a group all learning about this together?

Need to fill in an area meeting space?

Call the Library for an informative electronic access presentation, we are happy to help
Library Hours

Monday to Friday 8 am – 4.30 pm


Telephone: 9313 0610
Fax: 9313 4141
Email: library@dental.health.wa.gov.au

Post: Heather Pryce
Dental Health Services Library
43 Mt Henry Road
SALTER POINT WA 6152